

Assistive Technology Frequently Asked Questions

What is Assistive Technology?

Assistive technology (AT) is any device that helps you do everyday tasks more easily or helps you keep doing things you need to do. These devices can be tools, software, or other types of equipment.

What laws help people who use AT?

There are laws that make sure people with disabilities who use AT are treated fairly. Some important laws are:

- Americans with Disabilities Act (ADA)
- Individuals with Disabilities Education Act (IDEA)
- Section 504, which is part of the Rehabilitation Act
- Assistive Technology Act

Can I use AT in school?

Yes. If you have a disability, your school must give you AT if you need it to learn.

- If you have an **Individualized Education Program** (IEP), your school must give you the device and the help you need from your IEP.
- If you do not have an IEP, you may still get help through **Section 504**.

For more information, see our [Assistive Technology in Education](#) fact sheet.

Can I use AT for work?

Yes. The ADA says employers must make reasonable changes at work for people with disabilities. This is called **reasonable accommodation**. Using AT for work can be a reasonable accommodation.

For more information, see our [Assistive Technology: Office of Rehabilitation Services](#) fact sheet.