

## Goods & Services: Frequently Asked Questions & Resources

“Goods and Services” are part of your Self-Directed Supports budget. You can use this part of your budget to help you reach the goals on your Individual Support Plan (ISP). You can buy services, equipment, and supplies with your Goods and Services budget. But you can only buy things that you cannot get through other Medicaid sources.

You CAN use your Goods and Services budget for any of these reasons.

- To get services now so you don't need as many Medicaid services later.
- To do activities with people who do not have disabilities.
- To make you safer.

You CANNOT use your Goods and Services budget if other money would pay for what you want. For example, Medicaid can pay for training about job skills. That means can't use Goods and Services to pay for the training.

### How do I ask for Goods and Services?

First, read more about Goods and Services.

- [Self-Directed Supports: A Guide to Goods and Services](#)
- [Self-Directed Services: Allowable Individual Good and Services.](#)

Then fill out the “[Individual Goods and Services Request Form.](#)”

**Important:** There is a [\\$5000 limit](#) on Goods and Services each year. When your new ISP starts, you can ask for \$5000 again.

### How much is my Goods and Services budget?

There is a [\\$5000 limit](#) on Goods and Services each year. That means when you write your ISP for the year, you can ask for \$5000 or less. When you write your plan for next year, you can ask for \$5000 again.

Your ISP team can help you ask for Goods and Services. That includes people like your support broker, plan writer, and fiscal intermediary.

Your team can also tell you about other money that can pay for the services you need.

- If your doctor says you need physical therapy, that is called a “**medically necessary service.**” Medicaid pays for medically necessary services. You don’t need to use Goods and Services for that.
- Medicaid can also pay for **job services and supplies.** That comes from a different budget, not Goods and Services.

### Can I ask for more than \$5000?

Yes! You can ask for an exception. Write down everything you think you need on the “Goods and Services Request Form.” Be sure to write that you want an exception to the \$5000 limit.

### Can I appeal if BHDDH says no?

**Yes**, you can appeal. That means asking BHDDH to change their decision. You can appeal for different reasons.

- BHDDH does not give you an exception to the \$5000 limit.
- BHDDH only gives you some of the Goods and Services you asked for.
- BHDDH didn’t give you any Goods and Services.

BHDDH will send you a letter about your Goods and Services. That letter must tell you certain things.

- Which Goods and Services BHDDH will give you, and which ones they won’t give you.
- When your services will stop, if you were already getting them.
- The last day to ask for an appeal.
- Who to ask for the appeal.

**TIP:** If you get Goods and Services, BHDDH might not agree to those services next year. If that happens, you can ask for an appeal. Ask for a “stay of services” when you file the appeal. That means you can keep getting your services until your appeal ends.

Read the “[Appeals Process Guidance](#)” or call your BHDDH Social Caseworker if you have questions about appeals.

You can also contact BHDDH directly:

- **Phone:** (401) 462-3421
- **Spanish Phone:** (401) 462-3014
- **Email:** [BHDDH.AskDD@bhddh.ri.gov](mailto:BHDDH.AskDD@bhddh.ri.gov)

Contact **Disability Rights Rhode Island:**

- **Email:** [info@drri.org](mailto:info@drri.org)
- **Phone:** 401-831-3150